

18th Balkan Seniors Karate Championships





KARATE FEDERATION OF BALKAN

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TURKISH KARATE FEDERATION

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Discover the potential

Túrkiye





Dear Friends

It is a great honor for me to invite all competitors from the Balkan countries to participate in the 18th Balkan Championships for Seniors, which will take place in Istanbul, Turkey on 27-28 February 2016.

Organizing such an event is prestigious and a great responsibility. We hope that all participants will feel the Turkish hospitality. Karate Federation of Balkan is actively working towards the endorsement of the philosophy and spirit of Karate, promotes and develops Karate as an elite sport, as well as a mass sport for everyone. The Balkan Karate Championship in Istanbul is more than just a competition, it is a place where friendship, respect and tolerance meet.

Our performance will be indicative of the level of Karate in the Balkans, which will bring serious weight on the Karate Federation of Balkan.

The Karate sport is a challenge to the human spirit, the will and strength of the human body, daring and respect towards the opponent and a century old wisdom from the path.

Karate speaks all languages and connects all people and generations, regardless of race, sex and religion.

I wish all participants good health and strength, boldness respect and dignity, and many sports victories.

Please accept my most sincere greetings and best wishes for success.

Yours sincerely

Esat DELIHASAN President of Karate Federation of Balkan





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ISTANBUL

Istanbul, capital city of three successive empires with over 2,000 years of history and fabulous turquoise blue water fronts, Welcomes you to share this amazing experience on the crossroads of Europe and Asia.

This is a special website designed for travelers who are planning, wishing or dreaming to visit Istanbul for their next journeys. Here, you will find many useful information about Istanbul, that you may need before coming, while you are in Istanbul and when you are leaving Istanbul.

The former capital of three successive empires, Roman, Byzantine and Ottoman empires, Istanbul still preserves the legacy of its past while looking forward to a modern future. In Istanbul you can feel Orient on your one side and Europe on the other side or a wonderful mix of different cultures all around you. Enjoy the harmony of cultures, enjoy the harmony of people & enjoy the rhythm of diversities in Istanbul. Historical landmarks of the city are in harmony with the wonderful Turquoise blues of Bosphorus, which creates an unbeaten landscape. Istanbul is the only city in the world where you can enjoy your meal with the landscape of another continent.





Visa Requirements

Turkey offers many facilities concerning its visa policy. Visas can be obtained from Turkish Embassies abroad or at the airport.

A list of countries requiring visas can be found at the link below. Fees for e-Visa and visa on arrival

For further detailed and updated information, visit the official web site of <u>Republic of Turkey Ministry of</u> <u>Foreign Affairs</u>.

e-Visa

Turkey's electronic visa application system offers to its applicants a comfortable and practical way to obtain a visa. E-visa is an endorsement allowing the bearer to enter Turkey. This new type of visa replaces "sticker type of visa" issued at the border crossings. Please note that e-visas are only valid when the travel purpose is tourism or commerce.

e-Visa application is possible from any place. The whole process takes an average of 5 minutes. **Apply for** e-Visa in 3 easy steps: <u>www.evisa.gov.tr</u>







Practical Informations

Business and Banking Hours

Monday to Friday Open: 9:00 AM - 5:00 PM Closed: 12:00 PM - 1:30 PM Climate

Istanbul has a humid subtropical climate. Summers are hot and muggy with thunderstorms. During summer, average high temperatures are 27°C (80.6°F) and average low temperatures are 17.7°C (63.8°F).

Communications

Public phones operate with cards which are sold at post offices and some street booths. Some public phones have access to AT&T and some other telecommunication networks. Fax messages can be sent from major post offices and hotels. Cellular telephones can be rented.

Country code: +90 Currency

The monetary unit is the Turkish lira (TL), which comes in bank notes of 5, 10, 20, 50, 100 and 200. In Istanbul, traveler checks are rarely accepted. ATMs can be found in even the smallest Turkish towns. Most international credit cards or bank cards are accepted (a strip of logos is usually displayed above the ATM). ATMs have a language key to enable you to read the instructions in English.

Prices on the ground for hotels and organised tours are often cited in Euros. Other costs are usually in Turkish liras (TL).

Emergency Numbers

The following is a list of emergency numbers that are available 24/7 in case of an emergency.

The major emergency numbers are:

- 112 Medical emergency/ Ambulance
- 110 Fire
- 155 Police
- 113 Medical care
- 114 Poison Emergency

Language

Turkish is the official language. Although Turkish is written in Latin alphabet, the language belongs to the Ural-Altaic languages related to the Finno-Ugric. In major cities and resort areas English, German and French are also widely spoken.





ACCOMMODATION & TRANSFER

Hotels	Star	Distance	Single	Double	Triple
Grand S Hotel HQ	4 Plus	4 Km	70€	35€	35€
Panorama Hotel	4 Plus	4 Km	70 €	35€	35€

"Prices Per Person, Per Night, Bed, Breakfast and Dinner included, The number of rooms available are limited and a first come first serve policy will be implemented. Note: Please be informed that when making changes to your initial reservation, the first change is free of charge, from the second change onwards, the change is 15 Euros to cover office fees.

Transfer from Sabiha Gokcen – Hotel – Sabiha Gokcen	(Minimum 4 Persons)	Per Person 50€
Transfer from Ataturk Aiport – Hotel – Ataturk Airport	(Minimum 4 Persons)	Per Person 20 €
Transfer from Hotel – Sporthall – Hotel per person	(Minimum 4 Persons)	Per Person 15 €

BOOKING AND PAYMENTS

The bookings for hotel and transfer have to be done by filling up the registering form, and sending it to E-mail: **balkanseniors2016@karate.gov.tr**

A reservation and 100% of the total price should be paid up to February 11th, 2016; this date will be considered final. Rooming list must include a contact person with the email address and phone number.

Note: Booking and payment should be made to the Turkish Karate Federation with deadline February 11th, 2016. All athletes and delegations must be accommodated in hotels in the organization of the Technical Organizer (KFB Statute, Article 57).

OFFICIAL BANK ACCOUNTOF TURKISH KARATE FEDERATION

BANK NAME	: TURKIYE HALK BANKASI
BRANCH	: ANIT SUBESI
SWIFT CODE	: TRHBTR2A
IBAN NO	: TR05 0001 2009 4110 0058 0038 65 (EURO)

REGISTRATION

Deadline for registration of competitors and team is February 19th, 2016. To apply, it is necessary to use on line Sport Data.

A country can register:

- up to 4 competitors for individual Kata events
- up to 4 competitors for individual Kumite event
- 1 Team for Kata Team
- 1 Team for Kumite Team.

PROTECTIVE EQUIPMENT

All competitors must bring with them their own gloves and belts (red and blue) and all other protective equipment approved by the WKF.

FEE

Participation fee of Kata individual:	20 Euro
Participation fee of Kata Team:	15 Euro
Participation fee of Kumite Team:	20 Euro
Participation fee of Kumite individual:	20 Euro





AGE CATEGORIES

	Individual Kata	Team Kata	Individual Kumite	Team Kumite
SENIORS	+16 YEARS	+16 YEARS	+18 YEARS	+18 YEARS

WEIGHT CATEGORIES

		h	ndividual Ki	umite		Team
Female	-50 Kg	-55 Kg	-61 Kg	-68 Kg	+68 Kg	3+1 Athletes
Male	-60 Kg	- 67 Kg	-75 Kg	-84 Kg	+84 Kg	5+2 Athletes

INSURANCE

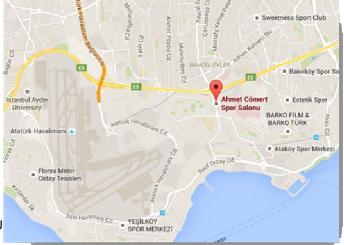
It is compulsory for all participants and delegation members to effectuate their own medical insurance and personal trip insurance. Turkish Karate Federation and Karate Federation of Balkan are taking no liability for these concepts. During the registration each delegation must present the signed insurance form.

FLAG AND NATIONAL ANTHEM

Each participating country is requested to provide 2 national flags and a CD/DVD with the national anthem.

SPORTHALL











EVENT PROGRAMME

26th Februa	ry, 2016 Friday	
10:00 - 19:00	Registration of Delegations	HQ Hotel
16:00 - 19:00	Weight Control	HQ Hotel
19:00 - 20:30	KFB Executive Commitee Meeting	HQ Hotel
20:00 - 20:30	Draw	HQ Hotel
27th of Feb	ruary, 2016 Saturday	
09:00 - 10:00	Individual Female Kata Eliminations & Repechage	Sporthall
	Individual Male Kata Eliminations & Repechage	Sporthall
10:00 - 17:30	Individual Female Kumite	Sporthall
	-61 Kg, -68 Kg, +68 Kg Eliminations & Repechage	
	Individual Male Kumite	
	-67 Kg, -75 Kg, -84 Kg, +84 Kg	
17:30 - 18:00	Opening Ceremony	Sporthall
18:00 - 19:30	All Finals	Sporthall
19:30 – 20:30	Medal Ceremony	Sporthall
28th of Feb	ruary, 2016 Sunday	
09:00 - 09:30	Female Team Kata Eliminations & Repechage	Sporthall
	Male Team Kata Eliminations & Repechage	
09:00 - 12:00	Individual Female Kumite	Sporthall
	-50 Kg, -55 Kg Eliminations & Repechage	
	Individual Male Kumite	
	-60 Kg Eliminations & Repechage	
12:00 - 15:00	Female Team Kumite Eliminations & Repechage	Sporthall
	Male Team Kumite Eliminations & Repechage	
15:00 - 16:00	Finals	Sporthall
16:00 - 17:00	Medal Ceremony	Sporthall
17:00	Closing Ceremony	Sporthall









ROOMING LIST FORM

National Team (Country):

Hotel (in order of preference according to the accommodation form):

No	Name/Surname	Pos*	Check In Date	Check Out Date	Number of Nights	Room Type	Extra Meal
	1		Date			Type	wiear
					+		
					1		
					1		
					+		

* Position: C=Competitor, Co=Coaches, De=Delegation Head, P=President of NF, R=Referees/Judges, D=Doctors, V=VIPs, A=Administration, P=Press,

- O=Others
- ** Room type: S=Single, D=Double, T=Triple





BOOKING FORM

COUNTRY	
NAME SURNAME	
PHONE NUMBER	
MOBILE	
FAX	
E-MAIL	

ACCOMMODATION

	GRO	UP 1			GRC	UP 2	
ROOMS	NUMBER	CHECK IN	CHECK OUT	ROOMS	NUMBER	CHECK IN	CHECK OUT
Single				Single			
Double				Double			
Triple				Triple			

TRANSFER

	We	req	uest	tra	nsfer;
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	Yes	No	Number of Delegation
Sabiha Gokcen Airport			
Ataturk Airport			
Stadium – Hotel - Stadium			
Dated:			
Name of Contact Person:			
E-mail address:			Phone number:
Signature:			Official Stamp:







TERM OF RESPONSIBILITY

To be filled, signed and sent back by February 19th, 2016

I, the undersigned, as the Chief of Delegation of my country, duly enrolled to participate in the 18th Balkan Senior Championships which will be held in Istanbul, Turkey from the 26 February 2016 to the 28 of February 2016, with full knowledge of the Statutes, the Rules and the Norms of The KARATE FEDERATION OF BALKAN, pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I take any and all administrative, civil and criminal responsibilities for whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc. Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the KFB and the Turkish Karate Federation, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities).

I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without any monetary compensation.

Country/Nation:	
Surname, First name:	
Passport number & expiry date:	
Credit Card details & expiry date:	
Position in the federation:	
Address:	
Telno.:	
Fax & email:	

Fill in, stamp, sign and send to: Turkish Karate Federation

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ADDRESS:

TEL :	
FAX :	
MOBILE :	
E-Mail :	

Signature/Stamp

