



Children  
Cadets  
Juniors  
-Seniors  
Veterans

Individual & Team  
Kata & Kumite

**26-27  
March  
2016**

**Aslı Cakır  
Alptekin  
Sporthall  
Atakoy  
Istanbul  
TURKEY**

**82.000 \$  
TOTAL  
REWARD**

# **29th International KARATE Bosphorous Cup**



**HALDUN ALAGAŞ  
World Champion  
&  
ENES ERKAN  
World Champion**

Murat DELIHASAN  
Turkish National Team Coach  
Ibrahim ERCIN  
WKF Technical Committee Member  
Levent AYDEMİR  
Turkish National Team Coach

**TRAINING CAMP  
WITH  
TURKISH  
NATIONAL TEAM  
SENIORS  
22-23-24-25  
MARCH 2016**



# 29th International Bosphorous Karate Tournament 26-27 March 2016 Istanbul - Turkey



Dear Presidents,

As Turkish Karate Federation we are going to organise International Bosphorous Karate Tournaments 29th edition on 26-27 March 2016 followed by training camp with Turkish National Team with World Champions Haldun Alagas and Enes Erkan.

I would like to invite you and your team above mentioned one of the prestigious event.

I believe that the event will add great contributions to Karate sport.

Esat DELIHASAN

The President of Turkish Karate Federation  
WKF Executive Committee Member

TKF - Turkish Karate Federation  
Ticaret Mah. No: 12  
34090 Beşiktaş - İstanbul



# 29th International Bosphorous Karate Tournament



## Date

26-27 March 2016

## Stadium



Aslı Çakır Alptekin Sport Hall Ataköy Istanbul

## Rules

Official WKF Rules will be valid.

## Referees

Each National Federation's, one WKF or Continental Referee will be paid daily allowance 50 €.

## Registrations

All registrations will be done through [www.sportdata.org](http://www.sportdata.org), late registrations or corrections will be penalised with 10 € each. Official Registrations will be made in HQ Hotel.

## Rewards

All prices will be paid under following conditions;

- In each individual category minimum 25 athletes must be present.
- In each team category minimum 25 teams must be present.

If the teams less than 25 athletes or team will be awarded with other present.

|                       | First Place | Second Place | Third Place | Third Place |
|-----------------------|-------------|--------------|-------------|-------------|
| Seniors               | 1000 \$     | 500 \$       | 250 \$      | 250 \$      |
| Juniors               | 500 \$      | 250 \$       | 125 \$      | 125 \$      |
| 14-15 Years           | 250 \$      | 125 \$       | 75 \$       | 75 \$       |
| Children Categories   | 100 \$      | 50 \$        | 25 \$       | 25 \$       |
| Senior Teams          | 2000 \$     | 1000 \$      | 500 \$      | 500 \$      |
| Cadets & Junior Teams | 600 \$      | 300 \$       | 150 \$      | 150 \$      |
| Children Teams        | 200 \$      | 100 \$       | 50 \$       | 50 \$       |

## Entry Fee

Individual Categories; Children 40 €, Cadets & Juniors 50 €, Seniors 60 €

Team Categories ; Children 120 €, Cadets & Juniors 150 €, Seniors 180 €

[www.karate.gov.tr](http://www.karate.gov.tr)

# 29th International Bosphorous Karate Tournament



## Accommodation

Hotels are 4 km to the stadium and with bed breakfast and dinner included 45 € per person in double and triple rooms.

|                |              |                               |
|----------------|--------------|-------------------------------|
| Grand S Hotel  | 4 Plus Hotel | 4 Km to the Stadium           |
| Panorama Hotel | 4 Plus Hotel | 4 Km to the Stadium           |
| Kaya Hotel     | 3 Star Hotel | 6 Km to the Stadium (BB 40 €) |

All teams required to stay in the official hotels, in order to make reservation, kindly send email for reservation to [turkishkarate@gmail.com](mailto:turkishkarate@gmail.com)

## Transfers

Sabiha Gokcen Airport per person 50 € two way arrival/departure.

Ataturk Airport per person 25 € two way arrival/departure. (Minimum 4 persons.)

## Explanations

- Turkish Karate Federations will participate in the Bosphorous Karate Tournament with **4 high level athlete's in each category.**
- If you would like to participate to the training camp with your team, full board accommodation is 50 € in 4 plus hotel.
- Training camp entry fee is 120 € per person for 4 days.

## Categories

|            |  |                                    |
|------------|--|------------------------------------|
| Individual | 7 Years, 8-9 Years, 10-11 Years, 12-13 Years | Cadets, Juniors, Seniors, Veterans |
| Team       | 7 Years, 8-9 Years, 10-11 Years, 12-13 Years | Cadets, Juniors, Seniors, Veterans |

## Contact

**Ercument TASDEMİR**

Event Coordinator

Mobile +90 533 632 18 52

[turkishkarate@gmail.com](mailto:turkishkarate@gmail.com)

[www.karate.gov.tr](http://www.karate.gov.tr)

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# 29th International Bosphorous Karate Tournament



## Individual Categories :

7 YEARS CHILDREN FEMALE KATA, -20 Kg, -25 Kg, +25 Kg  
7 YEARS CHILDREN MALE KATA, -25 Kg, -30 Kg, -35 Kg, +35 Kg  
8-9 YEARS CHILDREN FEMALE KATA, -25 Kg, -30 Kg, -35 Kg, +35 Kg  
8-9 YEARS CHILDREN MALE KATA, -20 Kg, -25 Kg, -30 Kg, -35 Kg, -40 Kg, +40 Kg  
10-11 YEARS FEMALE KATA, -34 Kg, -38 Kg, +38 Kg  
10-11 YEARS MALE KATA, -30 Kg, -34 Kg, -38 Kg, -42 Kg, +42 Kg  
12-13 YEARS FEMALE KATA., -43 Kg, -48 Kg, -52 Kg, +52 Kg  
12-13 YEARS MALE KATA., -38 Kg, -44 Kg, -50 Kg, -56 Kg, +56 Kg  
14-15 YEARS INDIVIDUAL FEMALE KATA, -47 Kg, -54 Kg, +54 Kg  
14-15 YEARS INDIVIDUAL MALE KATA, -52 Kg, -57 Kg, -63 Kg, -70 Kg, +70 Kg  
16-17 YEARS INDIVIDUAL FEMALE KATA, -48 Kg, -53 Kg, -59 Kg, +59 Kg  
16-17 YEARS INDIVIDUAL MALE KATA, -55 Kg, -61 Kg, -68 Kg, -76 Kg, +76 Kg  
18 YEARS AND OVER INDIVIDUAL FEMALE KATA, -50 Kg, -55 Kg, -61 Kg, -68 Kg, +68 Kg  
18 YEARS AND OVER INDIVIDUAL MALE KATA, -60 Kg, -67 Kg, -75 Kg, -84 Kg, +84 Kg

## Team Kata Categories :

8-9 YEARS CHILDREN FEMALE TEAM KATA.  
8-9 YEARS CHILDREN MALE TEAM KATA.  
10-11 YEARS CHILDREN MALE TEAM KATA  
10-11 YEARS CHILDREN FEMALE TEAM KATA  
12-13 YEARS CHILDREN FEMALE TEAM KATA  
12-13 YEARS CHILDREN MALE TEAM KATA  
14-15 YEARS CADETS FEMALE TEAM KATA  
14-15 YEARS CADETS MALE TEAM KATA  
16-17 YEARS JUNIORS MALE TEAM KATA  
16-17 YEARS JUNIOR FEMALE TEAM KATA  
18 AND OVER FEMALE TEAM KATA  
18 AND OVER MALE TEAM KATA.

## Team Kumite Categories :

8-9 YEARS CHILDREN FEMALE TEAM KUMITE  
8-9 YEARS CHILDREN MALE TEAM KUMITE  
10-11 YEARS CHILDREN MALE TEAM KUMITE  
10-11 YEARS CHILDREN FEMALE TEAM KUMITE  
12-13 YEARS CHILDREN MALE TEAM KUMITE  
12-13 YEARS CHILDREN FEMALE TEAM KUMITE  
14-15 YEARS CADETS FEMALE TEAM KUMITE  
14-15 YEARS CADETS MALE TEAM KUMITE  
16-17 YEARS JUNIORS MALE TEAM KUMITE  
16-17 YEARS JUNIORS FEMALE TEAM KUMITE  
16-17 YEARS INDIVIDUAL FEMALE KUMITE  
16-17 YEARS JUNIORS FEMALE TEAM KUMITE  
18 AND OVER FEMALE TEAM KUMITE.  
18 AND OVER MALE TEAM KUMITE.

## Master's Categories :

MASTERS 35-40 KATA FEMALE  
MASTERS 35-40 KATA MALE  
MASTERS 35-40 KUMITE FEMALE  
MASTERS 35-40 KUMITE MALE  
MASTERS 41-45 KATA FEMALE  
MASTERS 41-45 KATA MALE  
MASTERS 41-45 KUMITE FEMALE  
MASTERS 41-45 KUMITE MALE  
MASTERS 46-50 KATA FEMALE  
MASTERS 46-50 KATA MALE  
MASTERS 46-50 KUMITE FEMALE  
MASTERS 46-50 KUMITE MALE  
MASTERS 51-55 KATA FEMALE  
MASTERS 51-55 KATA MALE  
MASTERS 51-55 KUMITE FEMALE  
MASTERS 51-55 KUMITE MALE  
MASTERS 56-60 KATA FEMALE  
MASTERS 56-60 KATA MALE  
MASTERS 56-60 KUMITE FEMALE  
MASTERS 56-60 KUMITE MALE  
MASTERS 61 AND OVER KATA FEMALE  
MASTERS 61 AND OVER KATA MALE  
MASTERS 61 AND OVER KUMITE FEMALE  
MASTERS 61 AND OVER KUMITE MALE



# 29th International Bosphorous Karate Tournament



## Event Programme

|                    |  |
|--------------------|--|
| 22nd of March 2016 | Training Camp with Turkish National Team Registrations   |
| 23rd of March 2016 | Training Camp with Turkish National Team<br>Haldun Alagaş & Enes Erkan   |
| 24th of March 2016 | Training Camp with Turkish National Team<br>Haldun Alagaş & Enes Erkan   |
| 25th of March 2016 | Training Camp with Turkish National Team<br>Haldun Alagaş & Enes Erkan   |
| 26th of March 2016 | 08:00 - 09:00 Weight Control<br>09:00 - 11:00 Individual and Team Kata Children<br>Cadets Juniors<br>11:00 - 13:00 Individual Children Kumite<br>13:00 - 14:00 Lunch Break<br>14:00 - 16:00 Individual Cadets, Juniors Kumite<br>16:00 - 18:00 All categories Team Kumite<br>18:00 - 19:30 Finals & Medal Ceremony |
| 27th of March 2016 | 08:00 - 09:00 Weight Control<br>09:00 - 11:00 Individual and Team Kata Seniors<br>11:00 - 13:00 Individual Seniors Kumite<br>13:00 - 14:00 Lunch Break<br>14:00 - 16:00 Individual Veterans Kumite<br>16:00 - 18:00 All categories Team Kumite<br>18:00 - 19:30 Finals & Medal Ceremony                            |



"82.000 \$ Reward"



*open*  
**29th International Karate  
Bosphorous Cup**

"The Best 4 Athlete's from Turkey in each Category"

**26-27 March 2016  
ISTANBUL**

**Training Camp  
22-25 March**

"With Turkish National Team"



**Haldun ALAGAS & Enes ERKAN**